

# Mt Elbrus Expedition



## Cost Sheet

12 days land only trip - £1390.00 / €1750

### Includes:

#### UK

Visa invitation letter

#### Caucasus:

Municipal registration in Tyrnauz

National Park fees

Coach transfer to the Baksan Valley from Mineralnye Vody airport

Hotel in Cheget with drying rooms, sauna, restaurant and comfortable twin rooms

All hotel and restaurant meals – breakfasts, lunches and dinners - and local taxis

#### Elbrus:

All cable cars and chair lifts on the mountain

Accommodation in the New Vista Lodge, Bochka Barrels and Priut-11 Hut

Cook and local guides to assist with the main Adventure Alternative guide

All meals on the mountain

#### Staff:

Guide Sasha Lebedev, English-speaking, 11 years experience

Second guide Ibrahim, local Balkarian guide and rescue man

Andrey Panin - Moscow guide

### Excludes:

Flight to Mineralnye Vody, Russia

Russian Visa - £35/€45 (depends on speed of delivery and nationality)

Travel insurance – Adventure Alternative offer a trip-specific policy for £71.50/€90

Personal expenses – estimate £50/€65 for drinks and souvenirs

### Optional exclusions:

Equipment hire – plastic boots (~£30/€45 for 5 days); axes/crampons (£15/€25 per trip)

Snow machine to Pastukhov Rocks on the summit morning - €220 per group of 8

Excess baggage – USD\$5 per kilo

Single room supplement in Cheget - £120/€240

### Moscow optional visit:

Moscow guide - \$100 per day

Izhmailovo Hotel ~ \$100 per night (variable price depending on weekday or weekend, twin room)

Activities/museums/visits – see [www.moscowweekend.ru](http://www.moscowweekend.ru)

**Adventure Alternative Expeditions**

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